



KAMARBANDHA COLLEGE

কমাৰবন্ধা মহাবিদ্যালয়

Affiliated to Dibrugarh University

**Supporting Documents for
NAAC Self Study Report (SSR)
(1st cycle)
Period: 2017 -2018 to 2021-2022**

Criterion : 3	Research, Innovations and Extension
Key Indicator : 3.4	Extension Activities
Metric no: 3.4.3	Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years

Submitted to



National Assessment and Accreditation Council

Supporting Documents of number of extension and outreach programs conducted by the institution through NSS/ NCC/ Red cross/ YRC etc.(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/ or those organised in collaboration with industry, community and NGOs during the last five years.

- 1.NSS
- 2.NCC (Girls) Activities.
- 3.NCC (Boys) Activities.
- 4.RRC Activities.

**ACTIVITIES OF NSS UNIT
KAMARBANDHA COLLEGE**

Trash Tag Challenge, A Cleanliness Drive

The NSS unit of Kamarbandha College, along with teachers and non-teaching staff of the college, participated in the Trash Tag Challenge programme conducted by the District Water and Sanitation Committee, Golaghat on 04/04/2019. About 50 students were engaged in the cleaning of the college premise, Dulakharia Market complex and the nearby areas around the College.



Sari
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

Ali
Coordinator, IQAC
Kamarbandha College

Bl
Co-ordinator

ACTIVITIES OF NSS UNIT KAMARBANDHA COLLEGE

Relief to Flood Victims

A team of NSS volunteers of Kamarbandha College visited Kaziranga to provide flood relief to victims taking shelter in two schools -Kaziranga Madhyamik Vidyalaya and Kohora L.P. School on 23rd July, 2019. They were accompanied by Assistant Professor, Horen Bora and four members of the office staff. The team offered food items, water bottles and sanitary items. 9 volunteers were involved in the relief activity.




Coordinator, IQAC
Kamarbandha College


Principal
Kamarbandha College
PO K.B. Ali, Golaghat


Programme Officer

Covid Awareness Programme, 22/8/2020

The NSS unit of Kamarbandha College organized a door- to- door awareness campaign on Covid-19 on 22/8/2020 at nearby village, Dulashoria. A group of thirteen NSS volunteers carried on the campaign under the guidance of Programme officer, Barnali Baruah. The NSS volunteers displayed charts on issues related to Covid-19 to create awareness among the villagers. They explained the precautionary measures to be taken during the crisis and distributed masks and handwashing soaps to the needy people.



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PO K.B. Ali, Golaghat

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Programme Officer
NSS Unit, Kamarbandha Col


Free Health Camp, 21 Dec, 2020

A Free Health camp was organized at Kamarbandha College by the NSS unit and IQAC, Kamarbandha College in collaboration with K.B.Ali P.H.C. on 21st December, 2020 for all. The camp was inaugurated by the founder of Kamarbandha College, Shri DebeswarGogoi. Shri Tupeswar Shastri lighted the lamp. Health educator, Gulap Gogoi in his speech, raised awareness among the people about malaria,encephalitis and explained about healthy life styles. There were thirteen health workers in the medical team, including two doctors,an ophthalmologist and laboratory technicians. The team started check-ups at around 10.40a.m.A total of 112 persons had health check- ups. Students as well as people from the nearby villages underwent check- ups. People tested their blood sugar, hemoglobin levels. RAT tests were also done. Some people had eye check- ups also. Medicines were provided to some persons.




Coordinator, IQAC
Kamarbandha College


Principal
Kamarbandha College
PO K.B.Ali, Golaghat


Staff Member

An Awareness Programme on Importance of Education for Girls

On 10/04/2021, IQAC and the NSS Unit, Kamarbandha College, in collaboration with Kamarbandha Higher Secondary School, organized an awareness programme on the "Importance of Education for Girls" at Kamarbandha Higher Secondary School. About 101 students were present in the meeting. The meeting was attended by the Principal of Kamarbandha Higher Secondary School, Mr. Lokendranath Bora and the Staff of the school. Mr. Debajyoti Goswami, IQAC Coordinator, and a few teachers of Kamarbandha College were present in the meeting. NSS Programme Officer, Mrs. Barnali Baruah, delivered a Power Point Presentation, stressing the need of educating for girls in our society.



[Signature]
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

[Signature]
Coordinator, IQAC
Kamarbandha College

[Signature]
Programme Officer
NSS Unit, Kamarbandha College

Awareness on Japanese Encephalitis Vaccination

On 09/12/2021, the IQAC and NSS unit of Kamarbandha College, in collaboration with Kamarbandha Ali PHC, organized a programme for creating awareness about the disease, Japanese encephalitis and the necessity for JE Vaccination, 84 students participated in the programme.



Saili
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Si
Coordinator, IQAC
Kamarbandha College

MS
Programme Officer
NSS Unit, Kamarbandha College

Awareness Programme on Mental Health

On 01/02/2022, an awareness programme was organized by the NSS unit and Education department of Kamarbandha College, in collaboration with SKK civil hospital, and K.B. Ali PHC, Golaghat. The resource person was Bulti Saikia, Psychiatrist SKK civil hospital. 80 people, including students, health workers from both the hospitals, two staff members from Tezpur University, staffs of Kamarbandha College participated in the programme.




Coordinator, IQAC
Kamarbandha College


Principal
Kamarbandha College
PO K.B. Ali, Golaghat


Programme Officer
NSS Unit, Kamarbandha College

Awareness Programme on Health & Sanitation

On 07/04/2022, NSS volunteers conducted an awareness programme on Health and Sanitation Practices to celebrate World Health Day. They created awareness on hygiene issues showing leaflets, explained handwashing, offering soaps to some needy people of Dulashoria and Athabari. 19 students participated in the programme.



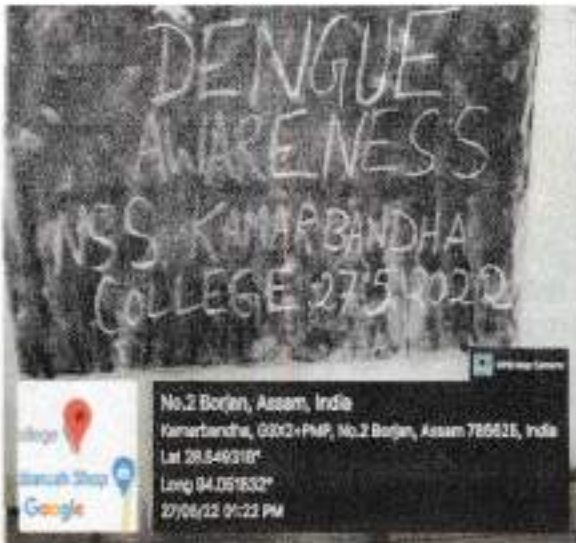

Coordinator, IQAC
Kamarbandha College


Principal
Kamarbandha College
PO K.B. Ali, Golaghat


Programme-Officer
NSS Unit, Kamarbandha College

Awareness Programme on Dengue

The Programme Officer of NSS unit, Barnali Baruah, conducted an awareness programme on Dengue as it was felt necessary due to the frequent outbreaks of the disease, on 27/05/2022. She briefed the students about the virus, causes, symptoms and preventive measures to be taken against dengue, after receiving for her a certificate on Dengue quiz conducted by NRHM. Leaflets by the Health department about the disease were also shared among the students and teachers. 39 students were present in the programme



[Signature]
Coordinator, IQAC
Kamarbandha College

[Signature]
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

[Signature]
Programme Officer
NSS Unit, Kamarbandha College

Seminar Understanding of CO₂, Greenhouse Gases and Climate Change

A seminar was organized by the NSS unit and the English department of Kamarbandha college on 7/6/2022 at the college on the theme, "Understanding of CO₂, Greenhouse gases and Climate Change", to impart knowledge and information to the students about the gases referred to and their role in the climate changes. The Principal delivered an informative speech on climate change. Barnali Baruah, the Programme Officer, NSS unit, briefed students about the Greenhouse gases and CO₂ and their effects on climate changes. There were 61 participants in the seminar. Six papers were presented by the students on the theme. Rumi Bharali, the Vice Principal, was the chairperson of the seminar. Malajyoti Gogoi, head of the English department, thanked the participants.



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Baili
Principal
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BB
Programme Officer
NSS Unit, Kamarbandha College

YOGA DAY

The NSS unit and IQAC, Kamarbandha College, celebrated Yoga Day on 21st June, 2022. Yoga expert, Priyanka Saikia, while conducting the session, explained the importance of practicing yoga and taught some yoga asanas. 23 students participated in the programme.



J-2
Coordinator, IQAC
Kamarbandha College

Saiki
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

ASH
Programme Officer
NSS Unit, Kamarbandha College

HAR GHAR TRIRANGA

NSS Volunteers spread the message of independence through the programme "Har Ghar Triranga" in the month of August, 2022.



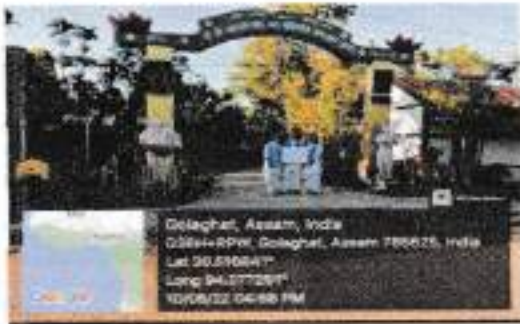
D.S.
 Coordinator, IQAC
 Kamarbandha College

Saini
 Principal
 Kamarbandha College
 PO K.B. Ali, Golaghat

ABH
 Supervising Officer
 Cell: 94

ICONIC WEEK

NSS Unit, Kamarbandha College, celebrated Iconic Week from 8-14 August; 2022. Volunteers had been engaged in cleaning of temple complexes and statue in their localities and planted saplings.



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NSU
Programme Officer
NSS Unit, Kamarbandha College

CELEBRATION OF INTERNATIONAL YOUTH DAY

On 12 August, 2022, the students participated in a rally, organized by the NSS unit and RRC, Kamarbandha College, with National Flags and displayed posters and placards on drug abuse. They also vowed to stay away from and stop drug abuse. About 45 students participated in the Rally.



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Principal
Kamarbandha College
PO K.B.Ali, Golaghat

ABH
Programme-Officer
NSS Unit, Kamarbandha Coll.

Celebration of National Sports Day

NSS Unit, Kamarbandha College, celebrated the National Sports Day on 29 August, 2022. The Programme Officer, Barnali Baruah, IQAC, and NSS volunteers organized the event on the nearby Borjan field. Some Ex- NSS volunteers, local youths and young children from its adopted village, Athabari, participated in the runs. 36 boys and girls were present in the programme




Coordinator, IQAC
Kamarbandha College


Principal
Kamarbandha College
PO K.B. Ali, Golaghat


Programme Officer
NSS Unit, Kamarbandha Col.

Photos of Plantation and Cleaning Activities by NSS volunteers in different times, during the period 2019 to 2022.



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 Kamarbandha College

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ABH
 Programme Officer
 NSS Unit, Kamarbandha College

NATIONAL CADET CORPS

KAMARBANDHA COLLEGE



ESTD – 12 JUNE 2017

UNIT : 74 ASSAM GIRL'S (I) COY NCC, GOLAGHAT

Principal
KamARBANDHA College
PO K.B. Ali, Golaghat

Report on Swachh Bharat Abhiyan

(12/05/2018)

Programme: 'Statue Cleaning '

Statues are serendipitous blend of art and history that everyone can enjoy; statues are elements of great historical, religious or archaeological importance. There are many activities being conducted as a part of Swachh Bharat Abhiyan and maintenance of statues is one among the part of it. The significance of great freedom fighter and personalities with their values in our lives and society is still evidence. Total 15 enthusiastic NCC cadets of Kamarbandha College along with ANO undertook the drive of cleaning the statue of freedom fighter Deben Tamuly at Bamungaon, Golaghat on 12/05/2018. (Time- 1.45p.m.onwards) First, cadets cleaned the area removing all the wastes dumped thereafter that the whole statue was cleaned with water. Lt. Minakshi Borah briefed about the biography of Deben Tamuly and his contribution towards the nation. Along with this all the cadets promised to keep the statues clean and safe installed at public places. As a mark of respect the ANO and cadets also paid a floral tribute to the statue.



Sairi
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

Sz
Coordinator, IQAC
Kamarbandha College

Minakshi Borah
Lt. Minakshi Borah
NCC Officer
Kamarbandha College

Report on World Environment Day

Date: 05/06/2018

Theme: 'Beat plastic pollution'

World Environment Day is the United Nations day for encouraging worldwide awareness and action to protect our environment. On the occasion of World Environment Day, 5th June 2018 Kamarbandha College SW NCC girls joined hands with the rest of the world to commemorate this importance day. Cadets prepared various posters on 'Save Environment' and took part in a rally started from college campus to Kamarbandha Tini Ali to spread awareness of the need to protect and preserve the environment among masses. At the end of the rally the principal of Kamarbandha College Mr. Atul Saikia gave a very well researched speech about how the condition of our environment today is and why we need to be aware. He also tells us what steps we should take immediately so that we can make our environment healthy. In the end, he took promise from all the cadets that no one will pollute the environment and will not allow anyone to do so. Total 20 cadets participated in this programme.



Atul Saikia
Principal
Kamarbandha College
PO K.B. Ali, Golachhat

Dr. J. J.
Coordinator, IQAC
Kamarbandha College

M. B. Boran
Lt. Minakshi Boran
Associate NCC Officer
Kamarbandha College

International Yoga Day

Date: 21/06/2018

Theme: 'Yoga for peace'

Yoga, an ancient physical, mental and spiritual practice originated in India. It is a practice that cultivates the ways of maintaining a balance attitude in day to day life. On the occasion of International Yoga Day 2018, cadets of Kamarbandha College practised various types of yoga postures like Surya namaskara, Padmasana, Halasana, Gomokhasana, Briksasana, Pranayama, Bhujangasana, Siddhasana etc under the guidance of ANO Lt. Minakshi Borah. Simultaneously Yoga instructor also described about the benefits of various types of yoga. Total 25 NCC cadets participated in it.

Few snaps of Yoga Day



J. Z.
Coordinator, IQAC
Kamarbandha College

Minakshi
Minakshi Borah
NCC Officer
Kamarbandha College

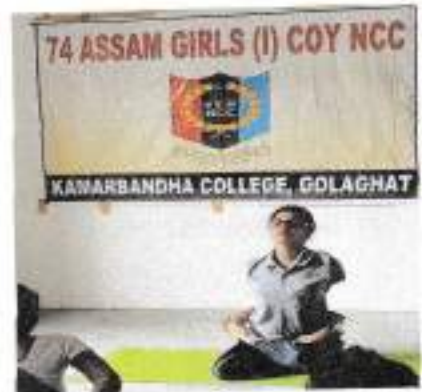
Sail
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

International Yoga Day

Date: 21/06/2019

Theme: 'Yoga for heart'

On the occasion of 5th IDY NCC cadets along with all other college students practiced various ASANA under the instruction of Lt. Minakshi Borah (ANO). A Poster making competition on Asana of Yoga for health, harmony and peace was conducted. Total 24 cadets participated in it.



Drawing competition on the occasion of Yoga Day.

Date: 21/06/2019



Principal
Kamarbandha College
PO K.B. Ali, Golaghat

Coordinator, IQAC
Kamarbandha College

Lt. Minakshi Borah
Associate NCC Officer
Kamarbandha College

Swachh Bharat Abhivan

Date: 17/09/2019

The theme for Swachh Hi Seva 2019 is 'Plastic Waste Awareness and Management.' It is observed from 11th September 2019 to 2nd October 2019 as a part of the Swachh Bharat Mission. The use of one of the major environment damaging materials, 'plastic' needs to be stopped. For this reason Kamarbandha College girls NCC group came to organise a rally against plastic use on 17th October 2019. The awareness drive was carried out under the guidance of Lt. Minakshi Borah, ANO. Glow sign board bearing slogan say 'No to Plastic' were installed.

The rally was inaugurated by our college principal. Addressing the cadets' principal sir stressed the necessity to avoid plastic because of its harmful effects on the environment. He urged the students to begin the change from them by resolving to avoid using plastic in their day to day life. The programme was a great success with people showing interest in the awareness drive. After the rally the best posters as 1st, 2nd and 3rd were selected among all the posters which were asked the cadets to prepare for the rally at home themselves. In the presence of ANO, PI staff Nb/ Sub Chandrajeet, College principal and teaching staff, the prizes were distributed. Total 30 cadets participated in this programme.



Minakshi Borah
Minakshi Borah
NCC Officer
Kamarbandha College

Principal
Principal
Kamarbandha College
PO K.B. Ail. College

Coordinator
Coordinator, IQAC
Kamarbandha College

**BIHU DANCE PERFORMANCE IN
MEGHALAYA GOVERNOR HOUSE**

Cdt. RIMPI SAIKIA and Cdt. PRATIKSHA BORA of Kamarbandha college got selected from 74 units Golaghat, for performing Bihu Dance in Governor House on behalf of Jorhat Group during the NCC Day, November 2019 (4th Sunday)



Baili
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

Izi
Coordinator, IQAC
Kamarbandha College

Monaish
Minakshi Borah
NCC Officer
Kamarbandha College

NATIONAL CADET CORPS

KAMARBANDHA COLLEGE



ESTD - 12 JUNE 2017

UNIT : 74 ASSAM GIRL'S (I) COY NCC, GOLAGHAT

Principal
KamARBANDHA College
PO K.B.Ali, Golaghat

Report on Tree Plantation Programme

Date: 14/08/2017

National Cadet Corps trains the youth for unity, discipline and leadership. Along with that it also inspires the youth for their duty towards society by service.

A tree plantation programme was organised by NCC unit of Kamarbandha College on 14/08/2017 (Time:10.45-12.45) under the guidance of ANO Lt.Minakshi Borah. Before execution of the event, the cadets cleaned the area of boundary wall of the college where saplings were to be planted. Total 15 plants of different species were planted by 8 sw cadets. Respected principal sir also discussed about the importance of trees in maintaining delicate environment balance and motivated cadets to maintain as a gratitude to Mother Nature.



Sail
Principal
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PO K.B. Ali, Golaghat

Minakshi
Lt. Minakshi Borah
Associate NCC Officer
Kamarbandha College

D.S.
Coordinator, IQAC
Kamarbandha College

Report on Swachh Bharat Abhiyan

{12/05/2018}

Programme: 'Statue Cleaning'

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Kamarbandha College

M. Boram
Lt. Minakshi Boram
Associate NCC Officer
Kamarbandha College

International Yoga Day

Date: 21/06/2018

Theme: 'Yoga for peace'

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Few snaps of Yoga Day



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Minakshi Borah
ANO Lt. Minakshi Borah
NCC Officer
Kamarbandha College

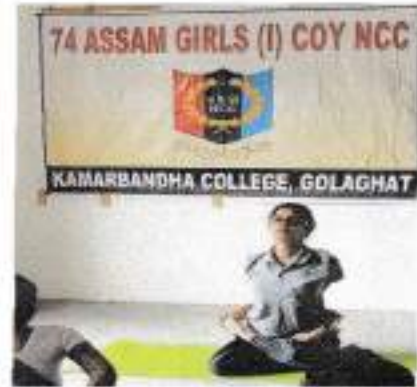
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Drawing competition on the occasion of Yoga Day.

Date:21/06/2019



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Minakshi Borah
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The rally was inaugurated by our college principal. Addressing the cadets' principal sir stressed the necessity to avoid plastic because of its harmful effects on the environment. He urged the students to begin the change from them by resolving to avoid using plastic in their day to day life. The programme was a great success with people showing interest in the awareness drive. After the rally the best posters as 1st, 2nd and 3rd were selected among all the posters which were asked the cadets to prepare for the rally at home themselves. In the presence of ANO, PI staff Nb/ Sub Chandrajeet, College principal and teaching staff, the prizes were distributed. Total 30 cadets participated in this programme.



Minakshi Borah
Lt. Minakshi Borah
ANO Office
Kamarbandha College

Principal
Principal
Kamarbandha College
PO K.B. Ali

Jz
Coordinator, IQAC
Kamarbandha College

**BIHU DANCE PERFORMANCE IN
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PO K.B. Ali, Golaghat

Dr.
Coordinator, IQAC
Kamarbandha College

M. Boran
Lt. Minakshi Boran
Associate NCC Officer
Kamarbandha College

NCC Activities During Lockdown Period

1. Online training on Covid-19 organized by iGOT DIKSHA, MHRD. (April-June 2020)

To equip larger force to fight against COVID-19 pandemic, the Government of India launched a training module for management of COVID-19 'Integrated Government Online Training' (iGOT) portal on Ministry of HRD's DIKSHA (Digital Infrastructure for Knowledge Sharing) platform. For capacity building the training modules were launched for doctors, nurses, and State government officials, NSS, Scouts and NCC. The training contents of the course were assigned by NCC unit for cadets and ANOS.

Lt. Minakshi Borah along with cadets has completed the training content prescribed for them accordingly.

CERTIFICATES



2. AWARENESS DRIVE

Date:12/06/2020 & 13/06 /2020

The NCC girl's cadets of Kamarbandha College undertook the challenge of educating marginalized and lesser informed citizenry about the advantages of Arogya Setu App in fighting and safeguarding against Covid-19. The cadets went door to door in Kamarbandha rural areas to create awareness about the app and various Do's & Don'ts against Novel Corona Virus under the guidance of ANO Lt. Minakshi Borah.

- | | | |
|-------------------------|---------------------------|------------------------|
| 1. U/O PURNIMA KARMAKAR | 2. CDT GAYATRI SAIKIA | 3. CDT NIRUPAMA MIRDHA |
| 4. CDT PRIYANKI BORA | 5. CDT SEWALI KARMAKAR | 6. CDT PRERONA BORA |
| 7. CDT PRATIKSHA BORA | 8. CDT CHANDAMITA BORA | 9. CDT BOBY DAS |
| 10. CDT PRIYANKI DAS | 11. CDT MAMTA MALPAHARIYA | 12. CDT MINAKHI SAHU |
| 13. CDT CHONDONA KURMI | 14. MAIJONI URANG | 15. CDT RIMPI SAIKIA |



J. J.
Coordinator, IQAC
Kamarbandha College

Bibi
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

Minakshi
Lt. Minakshi Borah
Associate NCC Officer
Kamarbandha College

3. INTERNATIONAL YOGA DAY (ONLINE)

Date:21/06/2020

THEME: 'YOGA FOR HEALTH,-YOGA AT HOME'

On the occasion of IDY 21st June 2020 during Covid-19 the Ministry of AYUSH and Indian Council for Cultural Relations (ICCR) come together to announce the **My-Life-My-Yoga (JEEVAN YOGA)** Video Blogging Contest. Girl Cadets of Kamarbandha College actively participated in this contest from their home through **My Govt App** and also tried to create awareness about beneficial part of yoga in our day to day life among their family members and neighbors.

NAME OF PARTICIPANTS IN YOYA AND YOGA CONEST:

1. U/O PURNIMA KARMAKAR
2. CDT GAYATRI SAIKIA
3. CDT MINAKHI SAHU
4. CDT PRIYANKI BORA
5. CDT PRATIKSHA BORA
6. CDT SEWALI KARMAKAR



As
Coordinator, IQAC
Kamarbandha College

Minakshi
Minakshi Boran
Associate NCC Officer
Kamarbandha College

S. S. S.
Principal
Kamarbandha College
PO K.B. Ali, Gokulnagar

4. KARGIL VIJAY DIWAS

Date:26/07/2020

On the occasion of Kargil Vijay Diwas a webinar was conducted by NER among cadets on 26th July 2020. It was included video on Kargil War and War Memorial, pledge taking in Hindi and English and patriotic poetry competition of the participants. 5 cadets of Kamarbandha College joined in the webinar and 2 cadets in quiz and patriotic poetry competition.

NAME OF PARTICIPANTS:

1. CDT GAYATRI SAIKIA (Quiz)
2. CDT PRIYANKI BORA (Quiz & Poetry)



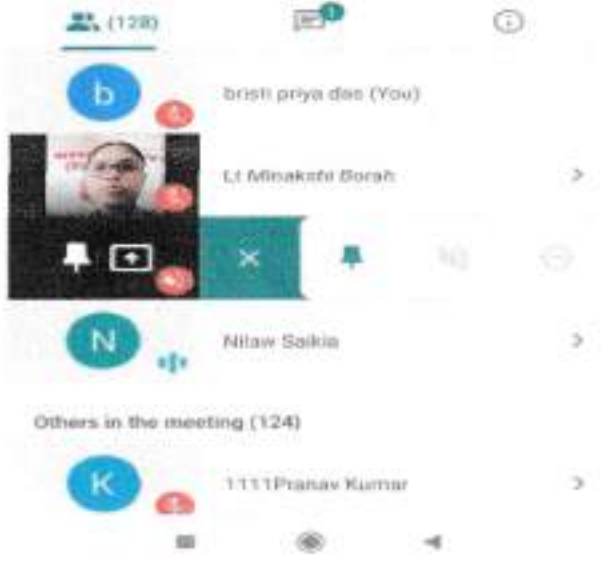
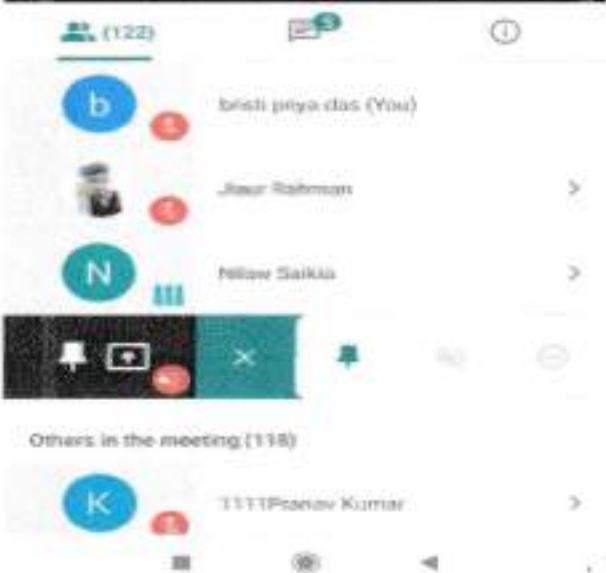
Az
Coordinator, IQAC
Kamarbandha College

Sail
Principal
Kamarbandha College
PO K.B. Ali, Golaghat

M. Borah
L. Minakshi Borah
Associate NCC Officer
Kamarbandha College

5. EBSB ONLINE CAMP

CDT PRATIKSHA BORA and CDT RIMPI SAIKIA participated in cultural competitions of Tokari Geet , Bihu Dance of EBSB (online) Camp held from 08th Aug 2020 to 13th Aug, 2020 on behalf of Jorhat Group, NER DTEwhere ANO Lt. Minakshi Borah was the Cultural programme coordinator.



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Covid-19 Awareness Campaign
(1st August to 31st August, 2020)

Cadets participated in covid-19 awareness campaign launched by the District Administration of Golaghat from 1st of August to 31st August 2020, by sanitizing the public in the market areas and crowded areas of Golaghat town. Cadets have also distributed masks, made the shopkeepers aware of the provision of water, soap and sanitizers in all the shops of the market and other facts related to the Covid protocol. Arally was also conducted in association with the office of the joint Director of Health Services where even the ANO participated apart from cadets.



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M. Borah
Borah
Baranaha College

Baili
Principal
Baranaha College

Rank Distribution Ceremony

Date: 14/02/2021

Rank distribution ceremony of senior wing of Kamarbandha College under 74 Assam Girl's (I) Coy NCC, Golaghat was held on 14th February 2021 at college conference hall. The guest of honour for the occasion was NCC unit PI staff Hav Naren Kardong, principal of the college Mr. Atul Saikia, vice-principal Mrs. Rumi Bharali and ANO Lt.Minakshi Borah. Cadets welcomed the guests with Phulam Gamusa. The principal delivered a welcome speech on the importance of NCC and told about the contribution of NCC girls group towards our College.Hav Noren Kardong appreciated our girls NCC group and gave best wishes to each and everyone for future. Rank distribution ceremony was based upon overall performance of the cadets such as social work during lockdown, their active performance and participation in drill and activities, their personality, hardwork,dedication, behaviour and their wholistic development during the camps. 11 cadets were bestowed with ranks. The following cadets were given rank:

- | | | |
|------------------------|--------------------------|--------------------------|
| 1. U/O Gayatri Saikia. | 5. Cpl Ganga Devi | 9. L/Cpl Nihar Bora |
| 2. Sgt Pinki Pathak. | 6. L/Cpl Minakhi Sahu | 10. L/Cpl Prerona Saikia |
| 3. Cpl Joyshree Rajput | 7. L/Cpl Rimpi Saikia | 11. L/Cpl Priyanki Bora |
| 4. Cpl Nirupoma Mirdha | 8 .L/Cpl Sewali Karmakar | |

We hope this programme will motivate the NCC new commers to work with high efficiency.



M. Borah
Minakshi Borah
NCC Officer
College

A.S.
Coordinator, IQAC
Kamarbandha College

Atul Saikia
Principal
Kamarbandha College

International Women's Day

Date: 08/03/2021

A grand celebration was organized by NCC to mark the International Women's Day on 8th March 2021. The purpose of celebrating Women's Day is to raise awareness about the status and dignity of women among the students.

An essay writing competition on 'Gender Discrimination and Feminist Movement in India' was conducted among SW NCC cadets and willing students of the college. Before starting the competition a welcome speech was addressed by our respected principal sir to inspire and encourage all the women to keep excelling consistently and to keep moving in life all the time.

At the end, prize giving ceremony of the essay competition was organized where principal sir, unit PI Hav Naren Kardong and college teaching staff were invited. Respected teachers delivered their valuable speech on the importance of celebrating women's day and thanked the NCC ANO and the girls NCC team for celebrating this day successfully. Total 15 cadets participated in it.



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Mbarol
Lt. Minakshi Boran
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Kamarbandha College

International Yoga Day (Online)

Date: 21/06/2021

THEME: 'YOGA FOR WELL-BEING'

Considering the covid-19 pandemic situation across the country, the International Yoga Day was conducted jointly by Ncc department and IQAC cell on Google meet i.e., online mode. IQAC coordinator Mr. Debojyoti Goswami started the programme by giving introduction of the event. A warm welcome speech was delivered by the principal of college. The main event was started by the guest yoga instructor Mrs. Jhorna Das, the faculty member of NRL School of Nurshing, Yoga department. She mentioned the history of yoga, its benefits and simple techniques for wellbeing. There were more than 60 participants including college faculty members, non-teaching staff and students. Everyone present in this online session which lasted for two hours expressed their heartfelt gratitude to the invited yoga instructor.



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Kamarbandha College
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Minakshi
Minakshi Borah
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Kamarbandha College

Kargil Vijay Diwas

Date: 26/07/2021

On the occasion of Kargil Vijay Diwas, Captain Jintu Gogoi of Indian Army who made supreme sacrifice in the war against Pakistan was remembered at Khumtai in Assam's, Golaghat district. Gogoi who hailed from Khumtai area in Golaghat fought valiantly against the enemies and attained martyrdom on June 30 in 1999 Kargil War.

He was Captain in 17 Garhwal of the Garhwal Rifles. 74 Assam Girl's (I) Coy, NCC, Golaghat Commanding Officer, PI staff and cadets paid rich floral tribute to martyr on this special day where two cadets from Kamarbandha College namely UO Gayatri Saikia and L/Cpl Sewali Karmakar paid a rich floral tribute with ncc marching on the Martyr's Graveyard.



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Kamarbandha College

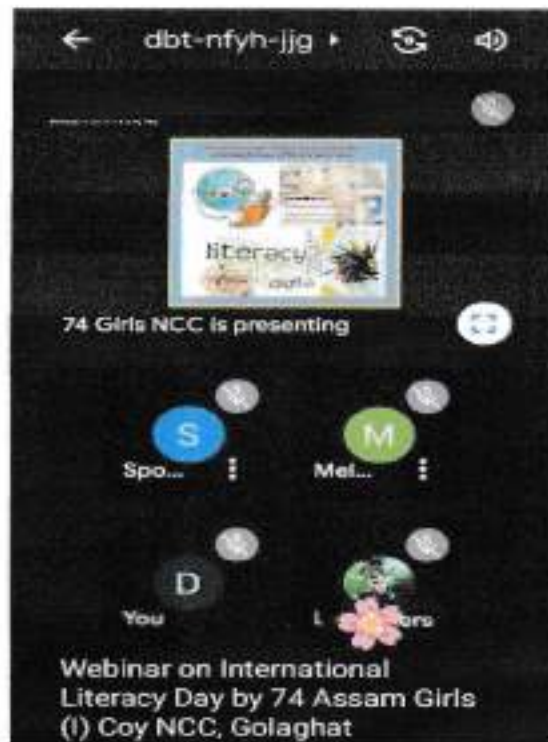
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Ashi Boraki
NCC Officer
Kamarbandha College

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Principal
Kamarbandha College
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World Literacy Day

Date: 08/09/2021

On the occasion of World Literacy Day NCC girls unit organised a webinar on International Literacy Day. ANO of Furkating College Capt. Indira Gogoi delivered a speech on 'International Literacy Day' to remind everyone that literacy is a matter of dignity and human rights. The speaker through her speech made us aware that literacy was the prime requisite for learning and played a vital role in curbing poverty, establishing gender impartiality and promised a bright growth for the future. Almost 60 girls' cadets from all colleges under 74 Assam participated in the webinar and 2 cadets from each colleges delivered short speech on Literacy Day. Cpl Nirupoma Mirdha from Kamarbandha College gave her short speech and share her thought on it.



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Lt. Minakshi Boran
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Kamarbandha College

Fit India Freedom Run

Date: 21/09/2021

SW cadets of Kamarbandha College organised 'Fit India Freedom Run' on 21st September, 2021 as a part of Azadi Ka Amrit Mahotsav to commemorate 75th year of India's Independence. The main objective of this programme was to encourage fitness. The concept behind this run was "It can be run anywhere, anytime". 6 students participated enthusiastically in this programme, which was started from Dulakhoria Tini Ali to Bamungaon where statue of freedom fighter Deben Tamuly is situated. ANO Lt. Minakshi Borah was the event coordinator.



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Assam Martyr's Day

Date: 10/12/2021

December 10 is a significant day in the history of Assam as it marks the day when the people of the state pay their tributes and homages to the brave and courageous souls, who gave up their lives in Assam movement. On this occasion of Assam Swahid Divas cadets of Kamarbandha college paid tribute to the statue of Swahid Deben Tamuly who laid down his life for Assam movement. First, cadets cleaned the area removing all the wastes dumped there. Then the whole statue was cleaned with water. At the end, the whole team with ANO paid a floral tribute to the statue of Swahid Deben Tamuly. Total 5 cadets participated in this programme.



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Mirakshi
Lt. Mirakshi Boran
Associate NCC Officer
Kamarbandha College

International Women's Day

Date: 08/03/2022

On the occasion of International Women's Day a felicitation programme was conducted by SW cadets of Kamarbandha College. The textile sector is the second largest employer in our country. It represents continuity of age old Indian heritage of hand weaving and reflects the socio-cultural traditions of weaving communities. Anima Kachari of Titabar, Jorhat district who started her little business through handloom textile in her young age. This courageous woman now at 80 plus old age is busy in training the local women with different kinds of weaving machines and manufacturing lots of designing khadi clothing. Now She has been giving training in different places of India and also outside India. She has lots of training institutes of handloom and shows a big path of self-reliance for economically weaker women. Besides handloom she also gives training of recycled products. ANO Lt Minakshi Borah with sw cadets went to Titabar to felicitate the ideals lady on the occasion of International Women's Day. The prestigious lady was felicitated with a memento, Gamosha, Seleng Japi by the whole team of NCC. Cadets were motivated by the work of respected Anima Kachari and took a resolution to be self dependent. Total 7 cadets participated in this programme.



Minakshi Borah
Minakshi Borah
NCC Officer
Kamarbandha College

Sail
Coordinator, IQAC
Kamarbandha College

Sail
Principal

International Yoga Day

Date: 21/06/2022

THEME: 'YOGA FOR HUMANITY'

Today on 21st June 2022, Kamarbandha College celebrated 8th International Yoga Day. It was attended by many prominent professors, students, and non-teaching staff with great enthusiasm. The event began with a brief introduction on Yoga Day by our principalsir and he welcomed the guest Yoga Instructor Priyanka Saikia. Warm up exercises were taken and all the students practised and performed sitting and standing Asanas, importance of these were explained simultaneously. The celebration was concluded with the speech of Mrs. Bornali Boruah, the Asstt. Professor of English department. She encouraged students to practise regular yoga to remain fit and improve concentration. The students discussed the importance of yoga and also exhibited yoga postures and promised to introduce this activity in their daily lives. Total 28 cadets joined in



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Ms. Minakshi Borah
Associate NCC Officer
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Puneet Sagar Abhiyan

Date: 01/10/2022

In keeping with the vision of Prime Minister Shri Narendra Modi, National Cadet Corps has initiated a nationwide flagship campaign 'Puneet Sagar Abhiyan' to clean seashores/beaches and other water bodies, including rivers, lakes, public ponds by removing plastic and other waste. The campaign seeks to increase awareness amongst local population about importance of keeping beaches and river fronts clean. It seeks to educate locals and sensitize about 'Swachh Bharat'. In keeping with the vision of our honorable PM, our unit 74 Assam Girl's (I) Coy NCC, Golaghat organised the Puneet Sagar Abhiyan Campaign and we the cadets of Kamarbandha College, on 1st October 2022 under the dynamic leadership of ANO Lt. Minakshi Borah conducted cleaning and maintenance of the public pond of Dulakhoria area of Kamarbandha, Dist. Golaghat in a grand manner. The pond was covered nearby 1 katha (48x48 square feet). 26 cadets along with ANO, one PI staff participated in the cleanliness drive. Cadets also interacted with the local population and made people aware about the adverse harmful effects of plastic on the environment and their livelihood i.e., fishery.



Minakshi Borah
Minakshi Borah
ANO NCC Officer
Kamarbandha College

Dr
Coordinator, IQAC
Kamarbandha College

Principil
Principal
Kamarbandha College

Mission LiFE (Lifestyle for Environment pledge)

Date: 20/10/2022

The Prime Minister of India Narendra Modi announced lifestyle for the environment (Life) Global Movement at COP26, at Glasgow. In connection with above, Mission LiFE was launched by the Honourable Prime Minister on 20th October 2022 at the Statue of Unity, Ekta Nagar, Kevadia, Gujrat. The event was telecasted live on Doordarshan and cadets attended the program live through Digital conference hall in our college. The Prime Minister underlined that Mission LiFE makes the fight against climate change democratic, in which everyone can contribute within their capacity. Total 34 SW cadets and ANO have participated and took oath of lifestyle for the environment. The participants also registered themselves for online pledge and certificates were downloaded from the website



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Kamarbandha College

'Run for Unity' & 'Pledge Taking Ceremony' on the occasion of **National Unity Day**

Date: 31/10/2022

National Unity Day is celebrated on 31st October to commemorate the birth anniversary of 'Iron Man of India' Sardar Vallabhbhai Patel. The reason behind the celebration of this day is to make people aware of the ideas of live together by uniting in order to create Shresth Bharat. Kamarbandha college girls NCC group observed National Unity Day with great fervor and enthusiasm and organized a pledge taking ceremony (Rashtriya Ekta Diwas Integrity Pledge) and a group running programme called 'Unity Run'. The Run was flagged off from college campus to Collective Mulberry Garden Chariali, Dolakhoria in which 20 sw cadets of the college participated. The programme was conducted under the proper guidance of NCC ANO Lt. Minakshi Borah.



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Jogging and Plogging under Swachh Bharat Abhiyan

Date: 07/12/2019

Plogging is a combination of jogging with picking up litter. Along with ANO the SW cadets of Kamarbandha College conducted a 'Plogging Run' from College Tini Ali to Kamarbandha Tini Ali market where they collected plastic waste, bottles, plastic cover litter on either side of roads. As a part of Swachhata Pakhwada Programme it was an effort to create greater awareness in society against plastic waste. Total 8 cadets participated in it.

Plogging programme under Swachhata Pakhwada from Dulakhoria weekly market to Kamarbandha Tini Ali.



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International Women's Day

Date: 08/03/2020

On the occasion of International Women's Day an awareness programme on 'Immunization' was conducted by 74 Assam Girl's (I) Coy NCC, Golaghat at D.R. college auditorium, Golaghat. The guest lecturer Dr. Sunita Ekka the Sub-divisional medical officer- Tobacco, T.B. and AIDS control cell gave her valuable speech on immunization for women. After finishing the meeting cadets went door to door in Golaghat rural areas and met women to create awareness about the importance of vaccination which is used to stimulate body's immune response against diseases and also discussed about women related issues and their solution. Total 10 cadets from Kamarbandha College joined in this programme.



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Tree Plantation Programme

Date: 12/03/2020

A very auspicious Tree Plantation Programme was organised in Kamarbandha College to create an awareness regarding climate change and its adverse effect on us. Total 20 plants of various species were planted by SW NCC cadets under the supervision of ANO, Unit PI staff Hav Brajesh and Nb/Sub Naag. All saplings were supplied by NCC unit, Golaghat. Total 7 cadets participated in it.



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